

Tobacco Cessation Program

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Quit to Win



Tobacco Cessation In Primary Care

Evidence based Tobacco Guidelines are out to help the Primary Care Team identify and assist smokers, dippers and chewers quit their nicotine addiction! The DoD/VA Clinical Practice Guidelines to Promote Tobacco Use Cessation in the Primary Care Setting has been out and is available at the Army AMEDD website <http://www.cs.amedd.mil/qmo> and is also linked under the NEHC Health Promotion Tobacco Cessation Tools page <http://www-nehc.med.navy.mil/hp/tobacco>. The guidelines outline the empirically based principles, a algorithm and resources to help with decision making, and making appropriate interventions. To help kick off the Tobacco Guidelines, a broadcast training is being held on 19 September 2001 to address how to implement in medical, dental, VA and community settings!

More information on Tobacco in the Primary Care may be found at the Health Promotion Tobacco Home Page! <http://www-nehc.med.navy.mil/hp/tobacco/presentations>. For presentations geared to PCP's see the Power-Point's Tobacco Dependence and Cessation, and Pharmacotherapy for Smoking Cessation. The Primary Care Team may benefit from the Presentations -Treating Tobacco in Primary Care, Kicking Butts (under PPIP Page presentations) and the Primary Care Team Roles and Responsibilities.

For those in **Dental**, the brief Tobacco: The Dental Team's Role, Dialogue for Tobacco Cessation in the Dental Setting are on the HP Tobacco website, and the link to specific dental materials and a model office Dental program <http://www1.umn.edu/perio/tobacco/didactic.html> are available.

Articles of interest to PCP's are available! These include Brief Intervention Counseling for Tobacco Use Cessation: Strategies for Health Care Providers at <http://www.sweducationcenter.org/>. Assessing Tobacco Dependence <http://www.aafp.org/20000801/579.html> and Tobacco Use: Interventions and Cessation <http://www.vnh.org/GMO/>. Under Clinical Section 80 Tobacco. Additional self help resources, tools, informational, educational and motivational and materials and on line treatment programs are available on the NEHC Health Promotion Tobacco Page!

U.S. Army MEDCOM



Quality Management Office

The Army AMEDD site offers materials for providers, pharmacy, patients and other resources as well! <http://www.cs.amedd.army.mil/qmo> Under Practice Guidelines TUC.

The American Cancer Society has a training kit for primary care that focuses upon pregnant mothers and mothers of young

children! The Fresh Start Family is a free program with resources, materials, video and training to



equip
Primary
Care know
what and

how to help smokers quit! Contact your local ACS office to obtain the kit!

Posters & Videos

Free anti-tobacco posters featuring Boyz II Men, Troy Aikman and others are available from CDC <http://www.cdc.gov/tobacco/pubs1.htm#posters> A Public Service Announcement free ads reel is available from the CDC Media Campaign Resource Center <http://www.cdc.gov/tobacco/mcrc>. Downloadable posters from the Army at <http://www.cs.amedd.army.mil/QMO> and soon from the NEHC Tobacco page! Free samples of posters- Name your Poison, Take a close look at what the Tobacco Industry won't show you... are available by calling 301-402-7364

DoD Tobacco Tool Kits

The Army has put together a set of implementation materials for Primary Care! The DoD Tobacco Use Cessation Tool Kit contains guidelines, provider and patient materials... Contact Steve Heaston heastons@nehc.med.navy.mil if interested!

Do you have something to share with the Tobacco free military community? An article, brochure, creative approach, presentation, quitting tips, strategies, websites and/or ? Please send to Mark Long at longm@nehc.med.navy.mil.

To subscribe or unsubscribe to Quit to Win please contact Patrice Wiggan at wigganp@nehc.med.navy.mil

Tobacco Free Navy and Marine Corps!